

# Adios Reality

Choreographed by **Heather Frye**, Tecumseh, ON, Canada  
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32 Count, 4 Wall Beginner Line Dance

**Choreographed to:** **That'd Be Alright** by Alan Jackson (begin on vocals)

This dance works well to various types of music. Try it to a favourite and see what happens.

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**1 - 8**                    **Shuffle Forward R, Shuffle Forward L, Step Forward R, Turn 1/2 L, Step forward R, L**

1&2                    Step right foot forward, Step left beside right, Step forward onto right  
3&4                    Step left foot forward, Step right beside left, Step forward onto left  
5, 6                    Step right foot, Turn 1/2 turn left stepping onto left foot  
7, 8                    Step forward right, Step forward left

**9 - 16**                    **Step R, L Behind, R Side Rock Step, Cross Step R, L Side Rock Step, Cross Step L**

1, 2                    Step side right, Step left behind right  
3, 4                    Rock side right, Recover weight onto left foot  
5, 6                    Cross step right over left, Rock side left,  
7, 8                    Recover weight onto right foot, Cross step left over right

**17 - 24**                    **3/4 Turning Box**

1, 2                    Step side right, Touch left beside right  
3, 4                    Turn 1/4 turn left stepping onto left, Touch right beside left  
5, 6                    Turn 1/4 turn left stepping onto right, Touch left beside right  
7, 8                    Turn 1/4 turn left stepping onto left, Touch right beside left

**25 - 32**                    **Heel Grind R, Heel Grind L, Step forward R, Kick L Forward, Step Back L, R, Hold and Clap**

1, 2                    Step right heel forward with toe pointing slightly left, Fan toes from left to right stepping onto right foot  
3, 4                    Step left heel forward with to pointing slightly right, Fan toes from right to left stepping onto left foot  
5, 6                    Step forward onto right foot, Kick left foot forward  
&7, 8                    Step back onto left foot then right foot (about shoulder width apart), Hold and clap hands  
(Note: even though you are holding, weight must be on left foot to start the dance again)

**HAVE FUN AND BEGIN AGAIN!**

Choreographed for the 2<sup>nd</sup> annual fundraiser to support *St. Jude's Hospital*  
on January 29, 2005, organized by Andy and Peggy Williams.