

Breaking the Rules

Choreographed by **Heather Frye**
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4 Wall, 64 Count, Intermediate Line Dance

Music: **Right Now** - *Atomic Kitten* (begin right away on the first major down beat in the music - when the vocals start you will be at the beginning of the second wall facing 3:00)

COUNT	STEPS
1 - 8	<u>Angled 1/8 L, Step forward & bump (twice), R Kick-Ball-Step back (twice)</u>
1 & 2 &	Turning 1/8 turn to the left but moving towards 12:00, small step forward right (1) Step left beside right (&) Bump forward (2) and back (&)
3 & 4 &	Small step forward right (3) Step left beside right (&) Bump forward (4) and back (&)
5 & 6	Kick right foot forward (body is still angled) (5) Rock back with ball of right foot (&) Step slightly back with left (6)
7 & 8	Kick right foot forward (body is still angled) (7) Rock back with ball of right foot (&) Step slightly back with left (squaring off to original wall) (8)
9 - 16	<u>Touch toes R & L, Rock-Step, R Coaster Step, Step L, Touch back R, 1/4 turn R</u>
1 & 2 &	Touch toes to right side (1) Bring right foot beside left (&) Toes toes to left side (2) Bring left foot beside right (&)
3, 4	Cross step right foot slightly in front of left (3) Rock back onto left (4)
5 & 6	Step right back (5) Close left to right (&) Step forward onto right (6)
& 7, 8	Step forward onto left (&) Touch right toes back (7) Pivot 1/4 turn right on left foot (8)
17 - 24	<u>Hip Bumps, L Sailor, Paddle 1/4 turn to L(twice)</u>
1, 2	Bump hips right (1) Bump hips left (2)
3 & 4	Bump hips right (3) Bump hips left (&) Bump hips right taking weight on right (4)
5 & 6	Cross Step left behind right (angle body slightly) (5) Step right to right side (&) Step left slightly forward and to left side (6)
7, 8	Paddle turn 1/4 left on left (7) Paddle turn 1/4 left on left (8) <i>you will have completed a 1/2 turn left</i>
25 - 32	<u>R Kick-Ball-Step (twice), Kick-Ball-Step-Ball-Step-Ball-Step (aka Shorty George)</u>
1 & 2	Kick side right (1) Rock back onto ball of right foot (&) Step slightly forward onto left (2)
3 & 4	Kick side right (3) Rock back onto ball of right foot (&) Step slightly forward onto left (4)
5 & 6	Kick side right(5) Rock back onto ball of right foot (&) Step slightly forward onto left (6)
& 7 & 8	Rock back onto ball of right foot (&) Step slightly forward onto left (7) - Rock back onto ball of right foot (&) Step slightly forward onto left (8)

(Styling Note: While doing the this section - when kicking your right foot , rise up onto your toes - kind of like you are stretching yourself out. - and when doing the "ball - step" shrink down by bending your knees)

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Page Two

33 - 40

& 1, 2

Out - Out (R,L) Hold, Roll Hips and turn 1/4 L, L Coaster, Chug Steps

Quick step out and back onto right (&) Step left out beside right (*feet are shoulder width*) (1) Hold (2)

3, 4

Roll hips counterclockwise (3) While rolling hips make a 1/4 left keeping weight back on right foot (4)

5 & 6

Step left back (5) Close right to left (&) Step forward onto left (6)

& 7 & 8

Step forward right (&) Touch Left beside right (7) Step forward left (&) Touch right beside left (8)

41 - 48

1, 2

Touch Cross (R,L), R Side Rock right, Behind Ball Cross

Touch side right with toes (1) Cross step right across left (2)

3, 4

Touch side left with toes (3) Cross step left across right (4)

5, 6

Rock side right swinging hips to the right (5) Recover onto left (6)

7 & 8

Cross step right behind left (7) Step side left (&) Cross step right across left (8)

49 - 56

Full turn L (360), L side shuffle, R kick-ball-cross (twice)

1, 2

Unwind one full turn left taking weight on right (1-2)

3 & 4

Side Shuffle left (3) Right (&) Left (4)

5 & 6

Kick right foot to right corner (5) Rock back onto ball of right foot (&) Cross left foot over right (6)

7 & 8

Kick right foot to right corner (7) Rock back onto ball of right foot (&) Cross left foot over right (8)

57 - 64

Turn 1/4 L, Touch L, R, Chug steps forward R,L,R,L

1, 2

Step side right (1) Pivot 1/4 turn left keeping weight on right (2)

3 & 4

Touch toes side left (3) Step left beside right (&) Touch toes side right (4)

& 5 & 6

Step forward right (&) Touch left beside right (5) Step forward left (&) Touch right beside left (6)

& 7 & 8

Step forward right (&) Touch left beside right (7) Step forward left (&) Touch right beside left (8)

Have Fun and Begin Dance Again!