

Rescue Me

Choreographed by **Heather Frye**, Tecumseh, ON, Canada
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32 Count, 4 Wall High Beginner Line Dance

Choreographed to: **Rescue Me** by Fontella Bass (From the Sister Act Soundtrack)
(Begin 32 counts in)

- 1 - 8** **Kick R Forward, Kick R to R Corner, R Sailor Step, Kick L Forward, Kick L to L Corner, L Sailor Step**
1, 2 Kick right foot forward, Kick right foot to right corner
3 & 4 Cross step right behind left (angle body slightly), Step left to left side, Step right slightly forward and to right side
5, 6 Kick left foot forward, Kick left foot to left corner
7 & 8 Cross step left behind right (angle body slightly), Step right to right side, Step left slightly forward and to left side
- 9 - 16** **Rock R forward, Recover L, Shuffle back R, L, R - L Coaster Step**
1, 2 Rock forward onto right foot, Recover back onto left foot
3 & 4 Shuffle back right, left, right
5 & 6 Step left back, Close right to left, Step forward onto left
7 & 8 Kick right foot forward, Rock back onto ball of right foot, Step slightly forward onto left
- 17 - 24** **Step 1/2 Turn L, Turn Back 1/2 R, Pivot 1/2 Turn R, Behind Ball Cross, Rock side L, Recover R**
1, 2 Step right forward, Turn a 1/2 left taking weight onto left
3, 4 Turn back 1/2 right taking weight onto right, Pivoting a 1/2 turn right on right foot stepping slightly out to the left onto left foot
5 & 6 Cross step right behind left, Step side left, Cross step right across left
7, 8 Rock out side left, Recover onto right
- 25 - 32** **Kick L Making a 1/4 Turn L - L Coaster Step, Step Turn 1/2 L, Step Fwd R, Shuffle fwd, R, L**
1 Kick left forward while pivoting a 1/4 turn on right foot
2 & 3 Step left back, Close right to left, Step forward onto left
4, 5, 6 Step forward right, Pivot 1/2 turn left taking weight onto left, Step forward onto right
7 & 8 Shuffle forward left, right, left

HAVE FUN AND BEGIN AGAIN!