

STEPS & TURNS

Choreographed by Heather Frye
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2 Wall, 32 Count, Beginner Line Dance

Suggested Music:

"Bring it All Back" - S Club 7
"C'est la Vie" - B'Witched

"Stop" - Spice Girls
"Mamma Mia" - A'Teens

Counts

Steps

1 - 8

Side together side clap, Side together side clap

1 - 4

Step right to right side, Step left beside right, Step right to right side, Touch left beside right and clap

5 - 8

Step left to left side, Step right beside left, Step left to left side, Touch right beside left and clap

9 - 16

Step side claps

9, 10

Step right to right side, Touch left beside right and clap

11, 12

Step left to left side, Touch right beside left and clap

13, 14

Step right to right side, Touch left beside right and clap

15, 16

Step left to left side, Touch right beside left and clap

17 - 24

Hip bumps forward and back

17, 18

Take a small step forward on right and bump hips to the right twice

19, 20

Bump hips back and to the left twice

21, 22

Bump hips forward and to the right twice

23, 24

Bump hips back and to the left twice

25 - 32

Toes struts forward, Half turn left, Stomp forward R, L

25, 26

Step forward with right toes, Drop right heel

27, 28,

Step forward with left toes, Drop left heel

29, 30

Step forward right, pivot half turn left onto left

31, 32

Stomp right foot slightly forward, Stomp left foot beside right.

SMILE, HAVE FUN, AND BEGIN THE DANCE AGAIN!

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